



Tahoma Bears Junior Football & Cheer

Football Coach Code of Conduct

As a Coach of Tahoma Bears Junior Football & Cheer, I agree to uphold the following standards and responsibilities:

Respect & Sportsmanship

- I will respect the rights, dignity, and worth of all individuals involved in TBJFC and will refrain from any discriminatory practices based on race, religion, ethnicity, or ability/disability.
- I will always display and teach appropriate sportsmanship and fair play.
- I will foster respect for referees, opponents, coaches, board members, parents, and spectators.
- I will refrain from using foul or inappropriate language and will ensure players do the same.

Rules, Conduct & Behavior

- I will abide by and teach all league rules, TBJFC policies, and youth football regulations.
- I will control my temper at all times. Verbal abuse, deliberate fouling, provoking opponents, or throwing equipment is not permitted.
- I will never ridicule a player for mistakes. I will use positive encouragement to promote growth and confidence.
- I will report all issues involving players or parents to the Athletic Director and/or Assistant Athletic Director.

Player Development & Participation

- I will be reasonable in my time demands and prioritize the health and well-being of my players.
- I will design practices appropriate to the maturity and ability levels of my players.
- I will maximize participation and enjoyment for all players, avoiding overuse of highly skilled players.
- I will ensure **equal minimum play time** as follows: Coaching Standards
- I will stay informed on sound coaching principles and player development.
- As a feeder and community-based program, I will incorporate the offensive and defensive philosophies, terminology, formations, and concepts of the Tahoma High School Football Program into my playbook.
- I will ensure that player development and learning are not overshadowed by a desire to win.

2nd/3rd Little Tikes – 8 plays to include special teams

4th Mighty Mites – 8 plays to include special teams

5th Pee Wee – 8 plays to include special teams

6th Bantam – 8 plays to include special teams

7th Junior – 4 plays (the expectation is that all players will get play time with lesser skilled players being placed on Special Teams)

8th Cruisers – 4 plays (the expectation is that all players will get play time with lesser skilled players being placed on Special Teams)

Attendance & Responsibility

- I will be present and on time for all practices, games, and scheduled events.
- If I am unable to attend, I will immediately notify my Head Coach or the Athletic Director.
- I understand that repeated lateness or absence may result in removal from my position.

Safety, Injuries & Concussion Protocol

- I will prioritize and monitor player safety at all times.
- I will immediately follow all concussion and injury protocols.
- I will report all injuries to the Player Safety Coach and/or Athletic Director, including injuries occurring outside of TBJFC activities.
- I understand injured players may not return to practice or games without clearance from the Player Safety Coach.

Concussion Policy

Any athlete removed from play for a suspected concussion:

1. May not return until evaluated by a licensed Medical Doctor (MD) trained in concussion management.
2. Must provide written clearance from the MD.
3. Must complete the TBJFC Concussion Protocol Program administered by the Player Safety Coach.
4. May not return to participation without final approval from the Player Safety Coach.

ZERO TOLERANCE POLICY

- Any **Assistant Coach** ejected or removed from a game/field by a referee, board member, or league official will receive an **immediate minimum 1-week suspension** from all practices and games. **No appeal will be considered.**
- Any **Head Coach** ejected or removed will receive a **1-week suspension** from all practices and the following game.
- The Head Coach may submit a written appeal to the Executive Board within **24 hours** of the incident. The Board will review and respond before the next practice week.
- Suspension includes being prohibited from attending practices or games.

Disciplinary Action for Violations

Failure to follow this Code of Conduct may result in the following (at the discretion of the Athletic Director and Executive Board):

1. Verbal warning from the Athletic Director and President
2. Written notice of violation

3. One-week suspension from practices and games
4. Immediate termination for safety violations or physical/verbal abuse

I understand that failure to follow this Coach's Code of Conduct may result in suspension or termination from the TBJFC program.

Team: _____

Coach Name (Print): _____

Date: _____

Signature: _____