



Tahoma Bears Junior Football and Cheer

2026 Parent/Legal Guardian Code of Conduct

WHO THIS CODE OF CONDUCT IS FOR:

All parents/legal guardians of athletes enrolled in Tahoma Junior Bears Football and Cheer (TBJFC) for the 2026 season. You are required to read and agree to the terms of this 2026 Parent/Legal Guardian Code of Conduct as detailed below.

Dispute Resolution If an issue cannot be resolved directly between a parent/legal guardian and the Head Coach, it is the parent's responsibility to notify the **Athletic Director (Football)** or the **Cheer Director (Cheer)** promptly. If the matter remains unresolved, it will be escalated to the **TBJFC President** and the **Mediator**.

GENERAL CONDUCT EXPECTATIONS

- We will remember that children participate in youth sports for their enjoyment, not ours.
- We will applaud effort, growth, and teamwork from all athletes and teams, regardless of the outcome.
- We will congratulate both teams upon their performance, regardless of the result.
- We will consult first with the Head Coach regarding any questions about my child's performance or participation.
- We understand and accept the minimum playing time requirements as listed in the Players Code of Conduct. (Football only)
- We will encourage my child to participate willingly and positively, without applying pressure.
- We will focus on effort and development rather than wins or losses.
- We will support my child in following club rules and coach instructions.
- We will never ridicule or yell at my child for mistakes made during practice or games.
- We will demonstrate respectful behavior at all times, refraining from foul language, harassment, or aggressive conduct.
- We will respect official decisions and follow proper procedures to address concerns.
- We will model good sportsmanship, respect and appreciation for volunteers, coaches, and officials.

TBJFC 2026 Parent/Legal Guardian Code of Conduct

SAFETY AND RESPONSIBILITY

- We understand that only TBJFC approved equipment will be permitted to be used.
- Alcohol, smoking, vaping, or tobacco use is strictly prohibited at any facility utilized by TBJFC or TBJFC events.
- If my child becomes a safety risk, I understand the disciplinary process: verbal warning, one-week suspension, and potential removal (TBJFC Executive Board vote).
- We understand the volunteer hour requirement and will fulfill duties such as concessions, apparel, chains, video, photos, press box, scorekeeping, cheer trailer hauling, announcing, etc.
- We understand that if I volunteer as a coach, team manager, board member, or in any other board appointed volunteer role at the start of the 2026 TBJFC season and later resign or quit at any time during the season, I am still required to complete the mandatory volunteer hours assigned to all TBJFC families.
- If the required volunteer hours are not completed, I/we understand that the volunteer deposit check will not be returned.
- We will return all required equipment at season's end or be subject to forfeiture of deposit and potential billing.
- We understand my child must be fully equipped for every game and may incur costs for missing items.
- We understand that practices are not drop-off services and I must be reachable during all events.
- We will report injuries immediately to the team manager, including those occurring outside TBJFC events.
- We understand that drones are prohibited at all TBJFC events.

CONCUSSION PROTOCOL

Any athlete removed from play/competition due to suspected concussion may not return to game play, practice or competition until the athlete has been evaluated by a **licensed Medical Provider (MD, PA, ARNP or DO) trained in the evaluation and management of concussion** and receives written clearance to return to play, practice and/or competition from that Medical Provider. Following this clearance, the athlete will then enter the TBJFC Concussion Protocol Program.

COMMUNICATION EXPECTATIONS

- TBJFC utilizes TeamSnap for all communication.
- All communication with coaches, directors, and other families must be professional and respectful.
- Disrespectful behavior toward coaches, athletes, board members or other volunteers will not be tolerated.
- **It is the parent's responsibility to stay informed.** Attendance at the mandatory parent meeting at the start of the season is required. If unable to attend, parents

TBJFC 2026 Parent/Legal Guardian Code of Conduct

must follow up within one week to meet with the Athletic or Cheer Director regarding the content of the mandatory meeting.

SOCIAL MEDIA STANDARDS

- We will use social media responsibly and respectfully.
- Only positive comments about the program, athletes, coaches, and board members are permitted.
- Negative, harmful, or disrespectful posts may result in disciplinary action.
- For Competition Cheer: Parents are not permitted to post videos of cheer performances on social media until after the season has concluded. This protects choreography, athlete privacy, and team integrity.
- We will promote safe youth social media practices and monitor my child's online behavior.

CONSEQUENCES FOR VIOLATIONS

The TBJFC Executive Board may impose one of the following penalties based on the severity of the offense:

- **WARNING:** Written notice of the offense and warning of future consequences.
- **SUSPENSION:** Written notice of suspension from activities for a specified duration.
- **DISMISSAL:** Written notice of permanent or long-term removal from TBJFC program.

ACKNOWLEDGEMENT

I understand that failure to follow the 2026 Parent/Legal Guardian Code of Conduct may result in actions that impact my child's participation in the TBJFC program.

Name: _____

Signature: _____

Date: _____