

TBJFC COACH'S CODE OF CONDUCT

I will respect the rights, dignity and worth of all individuals within the context of my involvement in Tahoma Bears Junior Football & Cheer, including refraining from any discriminatory practices based on race, religion, ethnic background or special ability/disability.

I will abide by and teach all league rules and regulations of youth football and the rules of TBJFC organization.

I will be reasonable in the demands I make in the time commitments of the players in my care, having due consideration for their health and well-being.

I will control my temper. Verbal abuse of officials or other players or coaches, deliberately fouling or provoking an opponent and inappropriately throwing equipment is not acceptable or permitted.

I will be supportive at all times and I will refrain from any form of personal abuse or unnecessary physical contact with the players in my care.

I will have due consideration for varying maturity and ability levels of my players when designing practice schedules, practice activities and involvement in competition.

I will avoid overplaying the talented players aiming to maximize participation and enjoyment for all players regardless of ability. I will strive to ensure that all players gain equal playing time per the following breakdown:

Little Tikes – 8 plays to include special teams Mighty Mites – 8 plays to include special teams Pee Wee – 8 plays to include special teams Bantam – 8 plays to include special teams Junior – 4 plays (the expectation is that all players will get play time with lesser skilled players being placed on Special Teams) Cruisers – 4 plays (the expectation is that all players will get play time with lesser skilled players being placed on Special Teams)

I will never ridicule a child for making a mistake during practice or a game. Positive comments are motivational, and every kid should strive to make the next play great.

I will endeavor to keep informed regarding sound principles of coaching and skill development and of factors relating to the welfare of my players.

I understand that as a feeder & community-based program, I will incorporate the offensive and defensive philosophies from the Tahoma High School Football Program into my playbook; including plays, formations and terminology.

I will always display and teach appropriate sporting behavior, ensuring that players understand and practice fair play.

I will refrain from using foul or inappropriate language at all times and encourage players to refrain as well.

I will ensure that developing players are involved in a positive environment where skill learning and development as priorities are not overshadowed by a desire to win.

I will inform the Athletic Director and/or Assistant Athletic Director of all issues involving players and parents.

I will display and foster respect for referees, opponents, coaches, administrators, other officials, parents and spectators.

ZERO TOLERANCE POLICY - An Assistant Coach who is ejected or asked to leave a game or field of play, regardless of circumstances, by a referee, TBJFC board member or league official will be suspended immediately. Suspension will be a minimum of 1 week, to include practice and game(s). NO APPEAL WILL BE CONSIDERED. If a Head Coach is ejected or asked to leave a game or field of play, the Head Coach will be suspended for 1 week to include all practices and the following week's game. Suspension means that the coach will not be allowed on the premises of either practices or game. The Head Coach has the right to file a written appeal to the Executive Board, to be received no later than 24 hours following the incident. The Executive Board will consider the appeal, vote and notify the Head Coach of its decision prior to the beginning of that week's practices.

I will report all injuries as quickly as possible to the Player Safety Coach and/or Athletic Director. Injuries that occur outside of the jurisdiction of the club should also be reported. I understand that a player with an injury, who has missed a practice or a game, will not be able to participate in a practice or a game without approval and clearance of the Player Safety Coach.

I will stress and monitor safety always. I will follow concussion and injury protocol immediately after a player is injured

In recognizing the significance of injury and sickness, I will seek and follow the physician's advice concerning the return of injured or ill players to training.

CONCUSSION POLICY: In addition to the TBJFC Concussion Awareness & Protocol Program, the policy for all players who are removed from game play, practice or competition is as follows: An athlete who has been removed from play may not return to game play, practice or competition until the athlete has been evaluated by a licensed <u>Medical Doctor (MD)</u> trained in the evaluation and management of concussion and receives written clearance to return to play, practice and/or competition from that Medical Doctor. Following this clearance, the athlete will then enter the TBJFC Concussion Protocol Program.

The Concussion Protocol Program will be administered by the TBJFC Player Safety Coach and the player/athlete may not return to game play, practice or competition without approval of the TBJFC Player Safety Coach.

If any of these rules are not adhered to the following consequences will be implemented (Athletic Director's discretion):

- 1. Verbal warning from the Athletic Director and President.
- 2. Written notice of violation (if duplicated) signed by the Athletic Director and President
- 3. One-week suspension to include both practices and game or terminated from the program as a Coach (Executive Board Decision)

Note: If any incident involves an on-field safety violation or physical or verbal violence/abuse, the Coach can/will be terminated from the program immediately. I understand that if I do not follow the Coaches Code of Conduct, action may be taken that could impact my participation in the program that include suspension and/or termination.

Team:_____

Name (Print):_____

Date:_____

Signature:_____